THE CONCA DELLÀ is not only rich on a paleontological level, but also is also home to numerous attractive sites at the historical, natural and geological levels, all of which lend the area special charm.

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There are outstanding Romanesque monuments, including both churches, notable ones being **Sta. Maria de Covet, St. Esteve d'Abella de la Conca, St. Andreu de Biscarri**, as well as the castles of **Llordà and Orcau**.

CONCA DELLA

The views from **the Roc de Benavent**, **the Coll d'Orcau or the Coll de Comiols** are equally spectacular. From these vantage points, it is easy to see groups of vultures or Lammergeiers flying.

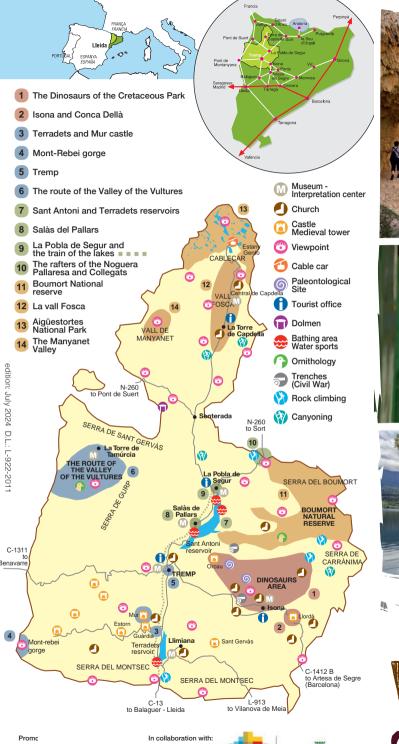
You should not miss the best-known natural site in the Conca, **the Basturs lakes**. The high lime content of their water means that they are inhabited by plants and animals unique in this country. These lakes are in the Plan for Places of Natural Interest of Catalonia.

Villages like **Figuerola d'Orcau** still retain signs of their medieval past that you see strolling through its streets. In the Roman town of Aeso, nowadays Isona, there is still part of the wall and other remains that you can visit on the first floor of the renovated **Conca Dellà Museum**.

In **Isona** you can also visit our more recent past: the route around the reconstruction of this village by "Devastated Regions", after the Spanish Civil War, and the bunkers and trenches of La Posa, which have been rehabilitated and are now part of the places included in the **Democratic Memorial**.

ISONA AND CONCA DELLÀ MUNICIPAL TOURIST INFORMATION OFFICE

C/ del Museu, 4 25650 ISONA Tel: +34 973 665 062 ofturisme@parc-cretaci.com www.parc-cretaci.com

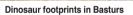


Consell Comarcal PALLARS JUSSÀ



The myriad paleontological remains found in La Conca Dellà, shows that over 66 million years ago, the area was inhabited by those fantastic animals. The Conca Dellà is one of the richest places in Europe for the remains of some of the last dinosaurs that lived on our planet. This is one of the highlights of the UNESCO World Origens Geopark.

E DINOSAURS O OF THE CRETACEOUS PARK



THE CONCA DELLÀ MUSEUM introduces us into the culture and patrimony of this municipality in the south of Pallars Jussà. The museum takes us back to Roman times with the remains of the city of Aeso and the village of LLorís. On the first floor you will find the remains of the dinosaurs that dominated the area currently occupied by the Pyrenees. Among other things to do, visit the site with the dinosaur footprints in Orcau, the nests of dinosaur eggs in Basturs or La Posa, where there are over 2,000 depressions made by rays while they were feeding on an ancient beach.

It is advisable to use the services of the guides and hire 4WD vehicles with driver to visit some of these sites.

We recommend you to go to the Conca Dellà Museum before visiting the Cretaceous Park as you will find information there about the best way to do the visit.





Water is an important element in the Pallars Jussà. We have a great heritage thanks to the rivers, springs, lakes and reservoirs that are part of this land and are found everywhere.

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Rivers like the Noguera Pallaresa and the Flamisell, are the main sources of the water that fills the Sant Antoni and Terradets Reservoirs (places to sunbathe, swim, eat, fish or do all kinds of watersports). In short, "**fresh-water beaches**" with rest areas like the one of "Dos Arbres", "els Roures", "el Piolet", or "la font de la O" (picnic and barbeque area, and a splendid place to have a very pleasant time) to enjoy the spectacular landscape.

Places where you can go for walks or mountain bike rides, such as the "ruta dels llacs" (lakes route), a 33 km route linking the Terradets and Sant Antoni reservoirs.

We must also mention *the Karstic lakes of Basturs and Montcortès*, among the very few of this kind in Spain. These are places for walking or mountain. Mention must be made of *the natural lakes in the Vall Fosca*, in the periphery of the d'Aigüestortes i Estany de Sant Maurici National Park.

photo: Anna Sastre

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ST. ANTONI AND TERRADETS RESERVOIRS FRESH WATER

BEACHES

Salàs de Pallars is a medieval village located between Tremp and La Pobla de Segur, which is currently part of the network of "Enchanted Villages" in the province of Lleida.

Until the 70s of the last century, Salàs was well known in the Peninsula because of its a famous **"Round-hoofed Livestock fair"**, of beasts of burden, mainly mules that took place for more than 600 years. This economic event has defined both the character of its people and its town planning, in which the most outstanding features are the porticoed huts that were used to shelter the animals and the dealers during the two days that the fair lasted. Nowadays, during the second week of November, Salàs commemorates the old fair with a local festivity by recreating fair situations with theatre plays and opening local "eras".

One of these spaces, the Café Salon, is the starting point for guided tours of the Museum Shops, which aim to provide an insight into the history of the old trade through the atmosphere and the recovery and display of everyday consumer goods produced between 1870 and 1980. Nowadays you can visit a barber's shop, a bar, a grocer's of "Ultramarinos y Coloniales", a pharmacy, a haberdashery/perfumery, a kiosk and a pastry shop/confectionery. The Café Salon is also the space where monographic exhibitions dedicated to commercial themes are organised every year.

In all these spaces, cuts from history are staged using packaging and commercial advertising, transforming the spaces into 'places of memory'.

Guided tours are available all year long.

SALAS DE PALLARS O THE SHOPS MUSEUM-GIAG

MORE INFORMA

CIAC (Centre for the Interpretation of Old Trade) Café Salon. Plaça del Mercat (Museum shop) Salàs de Pallars

Tel. +34 611 05 27 13 https://botiguesmuseusalas.cat/ Book your visit at: info@botiguesmuseusalas.cat

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La Pobla de Segur, strategically situated at the confluence of the rivers Noguera Pallaresa and Flamisell, invites visitors to enjoy its landscape on an unforgettable trip on the "Train of the Lakes".

Once you arrive, you'll be able to **taste** the high-quality products of Pallars gastronomy, and take part in its traditional festivals such as **the Rafters Festival**, declared a Festival of National Interest, or the **"Falles"** (Torchlight descent of Our Lady in Ribera), both traditions have been declared intangible heritage of humanity by UNESCO.

Discover its architecture at the Casa Mauri Modernist site or the Romanesque hermitage of Sant Miquel del Pui, and **stroll round** the historic old centre and the town shopping centre.

Mauri House

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LA POBLA DE SEGUR GATEWAY TO THE PYRENEES & THE TRAIN OF THE LAKES

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The Train of the Lakes is a unique tourist project. It links the Plain of Lleida with the Pyrenees and uses the train as a tourist attraction. You can do the journey all the year with the panoramic train or on Saturdays from April to November with historical train. Once you reach the Sports and Nature Station in the Pyrenees, in La Pobla de Segur you can enjoy the exhibition area showcasing the essence of Collegats and Boumort and follow various tourist routes around the town.

PYRENEES NATURE AND SPORTS STATION

Plaça del Ferrocarril, s/n La Pobla de Segur Tel. +34 973 680 257 turisme@lapobladesegur.cat https://www.lapobladesegur.cat/ https://turistren.cat/



The Rafters of the Noguera Pallaresa. A lost trade. A tradition recovered (recently declared Intangible Heritage of Humanity).. The history of brave men who dared to sail down the river on logs. The history of the past wealth of the Pyrenees, when wood was exported down the river.

On the first weekend in July there is the "**Day of the Rafters**", "Festival of national Interest" and "Cross of Saint George". This festival includes exhibitions about the world of timber and water, as well as the rafts of logs sailing down the river and a host of complimentary activities.

The new Espai Raier (Rafters' Museum) pays tribute to the rafters, its history and the hardness of this profession. It is also a place where to learn more about the Rafters' Association of the Noguera Pallaresa river and other rafters' associations worldwide. It is a living space in constant motion.

The Collegats gorge. The landscape of this area of the Pyrenees that follows the course of the Noguera Pallaresa is of great geological and aesthetic interest. It is very evident in the mountain areas and the gorges, which also hide Karstic-origin caves and outcrops of travertine. *The Collegats Gorge*, where we find the **Argen**teria rock formation, with Cretaceous limestones inside, folded spectacularly as a result of alpine tectonics, and with its travertine forms over the limestone. When the north wind blows in winter and the water freezes, it is covered with dream-like crystal forms, which are even believed to have inspired Gaudi's work. Nowadays, you can go through the gorge on foot or mountain bike, as motorised vehicles are not allowed without special permission.

FOR MORE INFORMATION

ESPAI RAIER (RAFTERS' MUSEUM) Plaça del ferrocarril s/n (at the train shed) Tels. +34 659 585 127 / +34 973 681 493 espairaie@amail.com

1.00

LA POBLA DE SEGUR TOURIST OFFICE Tel. +34 973 680 257 turisme@pobladesegur.cat https://www.lapobladesegur.cat/

We are in an area full of history, Catalan lands that were the frontier between Christians and Muslims during the 10th and 11th centuries, which is why there are still many different medieval structures. One you mustn't miss is MUR CASTLE, where there are guided tours all year

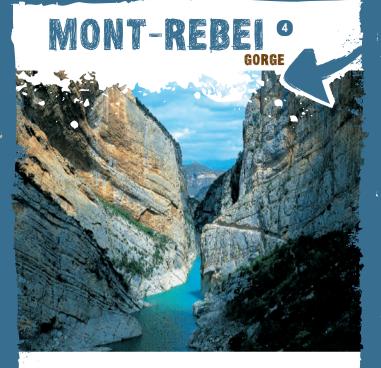
Situated at the feet of the Montsec range, THE TERRA-**DETS RESERVOIR** stretches from the plains of the Tremp Basin into the Terradets gorge, where it offers impressive views.

TERRADETS MUR CASTLE LOADS OF ACTIVITIES

In the gorge there is the **Cave of the Muricecs**, an example of the large number of caves and potholes in the area and where there are guided visits.

This reservoir is ideal for kayaking in calm water. Surrounded by nature, we can see the local wildlife and do any number of walks adapted to all levels all year round.

tNear the reservoir there is one of the most interesting places for rock-climbing, the walls of the Terradets gorge, with the Regina rock at the forefront. A must for fans of rock-climbing.



The MONT-REBEI GORGE is a natural area of around 600 hectares. It was acquired for the Territory and Landscape Foundation by the Catalunya Caixa social fund in 1999 with the aim of preserving its natural value and the landscape. Most of it is in the Montsec Area of Natural Interest (PEIN) and also borders on the partial nature reserve of the Montrebei gorge.

It was made by the river Noguera Ribagorcana as it flowed through the Montsec Range. It separates Montsec d'Ares from Montsec d'Estall and is the only large gorge in Catalonia that is unspoilt. There is a spectacular bridle path through the gorge that is partially cut into the rock face.

The walls of the gorge reach sheer drops of over 500 metres, and there are places where the gorge is no more than 20 metres wide. There are different routes on foot or by kayak through the gorge.

As a natural route through the mountains, the Mont-rebei gorge contains archaeological remains from all the ages: The Colomera and Negra caves (in the limits of Corçà) the only one where pre-historic remains have been found. There are the hermitages like La Pertusa, castles like the one at Mur and towers like **Alsamora** dating from medieval times.

LA MASIETA INFORMATION POINT La Masieta s/n. Sant Esteve de la Sarga info@congostdemontrebei.cat Book the parking at: www.congostdemontrebei.cat

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The **Epicentre**. Geopark visitors centre, it's the place of reference for discovering the region. You'll find a tourist information office, as well as an interactive museum and exhibition area that presents the region's main natural and cultural resources and attractions of the Geopark.



In **Tremp** stands the **Plaça de la Creu**, where is the City Hall. In the Placa de l'església, we can visit the basilica of the Mare de Déu de Valldeflors, whose origins date from the 9th century, although it has been remodelled in later epochs. The church is headed by a Gothic style of the 15th-century Virgin of Valldeflors, an altarpiece of the high altar and the baroque organ.

Right in the centre of the old town there is the **old Poor Hospital** (1521), a building with Gothic features that has been used for various purposes during its life and nowadays is the seat of the district courts. The town (nowadays the old centre) was defended by a wall with six defensive towers, three of which remain, namely the Mingo (Placa de Capdevila), Sagristia tower (near the apse of the church), and the **Soldevila Gate (Epicentre)**. The Romanesque-origin Sant Jaume bridge is also notable.

Every Saturday, you can take part in a guided tour of the centre of Tremp, which includes a visit to the old tanneries in the Font Vella ravine

Passeig del Vall, 13 25620 Tremp Tel: +34 973 653 470 epicentre@ pallarsjussa.cat www.pallarsjussa.net

EPICENTR

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Mare de Déu de Valldeflors Basilica photo: Jordi Uriach



Espluga de Serra

On the western edge of the Pallars Jussà, in the area known as La Terreta (municipality of Tremp), there is a great Pre-Pyrenean depression between the Sant Gervas and Castellet mountain ranges. It has a very high natural and cultural value. There we find **THE** ROUTE OF THE VALLEY OF THE VULTURES, which is of great interest for its landscapes, fauna, with such species as Griffon and -Egyptian Vultures, Lammergeiers, Wildcats, Genets and bat and flora, including the oak forest of Aulas and the beech woods at Castellet.

THE VALLEY OF

The 31-kilometre circular route begins at Pont d'Orrit and continues towards La Torre de Tamúrcia, where we can visit the Casal dels Voltors (Vulture House), an information centre for visitors and for studying and observing the birds of prev in the area where you can see live. every Saturday morning Every Saturday, you can take part in a guided tour of the centre of Tremp, which includes a visit to the old tanneries in the Font Vella ravine big birds of the Pyrenees. After visiting this village, we go on to Espluga de la Serra, Castellet and Sapeira. Finally the route brings us back to Pont d'Orrit.

There are other **signposted variants** that branch of this route and that can be done on foot or mountain bike. These include El Pas del Portús. El Pui del Lleràs, Sapeira - font de la Torre del Senvor.

Recently, over 50 kilometres of trails have been repaired and signposted. A large part of these follow old local paths now reopened for hikers.

LA CASA DELS VOLTORS (VULTURE'S HOUSE) a Torre de Tamúrci Tel. +34 973 057 947 terreta@tremp.cat tremp.cat/casaldelsvoltors

photos: T. Pröhl



The Boumort National Game Reserve (between the Pallars Jussà, Pallars Sobirà and Alt Urgell districts) promotes integrated management of the autochthonous fauna. It is internationally renowned for its management and conservation of wildlife. It covers 13,097 hectares and reaches its highest point at the Boumort peak (2,077 metres high). This has allowed it to maintain a high level of biodiversity while still encouraging rural development of the area. At Pessonada, the Boumort Centre, a new interpretation area for the reserve and its heritage values, has been set up.

This Reserve is home to the biggest population of **red deer** in Catalonia, a residual population of **Pyrenean Chamois**, **roe deer** and other mammals such as wild boar or fox. As for the scavenging birds, Boumort is the only place in Europe where the four species of vultures of the continent nest: common vulture, black vulture, bearded vulture and Egyptian vulture which we can easily observe from the observatories of the reserve.

The flora includes **Holly Oak** (Quercus rotundifolia) (in the lower and mid levels), accompanied by Rosemary and Aliaga (Genista scorpius), **Pyrenean** and **Red Pine** (which are the dominant species), **Black Pine** (in the higher areas, accompanied by Bearberries and Juniper), **Holly and Whitebeam**...

BOUMORT NATIONAL GAME RESERVE (1)

September – October is when we can enjoy the spectacular autumn colours and the **red deer rut** (period when the hinds are in heat and the stags bellow and fight each other to be able to mate with a group of hinds). There is a circular signposted route recommended for 4WD vehicles or on mountain bike that begins on Pessonada or Hortoneda and follows a forest track. It is 66 kilometres long and with a total elevation gain/loss of 1,385 m. There are many areas where access is prohibited to protect the fauna and binoculars are essential to be able to enjoy this landscape. On the route we will come across fresh-water springs such as "*la Fuente de la Menta*" that will help to make our trip even more pleasant.

ADDRESSES AND TELEPHONES OF INTEREST

Department of Agriculture, Livestock, Fishing, Food and the Natural Environment RNC de Boumort Tel. +34 973 654 716 www.pallarsjussa.net/boumort

1 15 65 14

The elements that define this Pyrenean valley are water and nature. The valley starts at a height of 800 metres and rises to over 2000 m. Enjoy this setting on the trails that link the different villages, contemplate the spectacular landscape from the valley's six viewpoints (Capdella, Mare de Déu de Fa, Oveix, Beranui, Castell-Estaó and Sant Quiri), do sports like canyoning or mountain bike routes (the Pedals de Foc and Transpirenaica), etc..

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Another important element in the Valley is architecture, where each of the 19 villages has its church and even a hermitage. Two Romanesque churches, **Sant Vicenç in Capdella and Sant Martí in La Torre de Capdella**, are outstanding and have been declared sites of national cultural interest by the Generalitat, the Catalan government. Then there are villages like Estavill, with its characteristic medieval structure.

A must for understanding the history of the Valley is a visit to the **Hydroelectric Museum in Capdella**. The museum shows the social changes that took place at the beginning of the 20th century with the building of the first large hydroelectric power station in Catalonia.

Sant Vicenç de Capdella church

LA VALL FOSCA MUNICIPAL TOURIST BOARD La Torre de Capdella Tel. +34 973 663 001 turisme@vallfosca.net

www.vallfosca.net

CAPDELLA HIDROELECTRIC MUSEUM

La Central de Capdella Tels. +34 973 663 001 / +34 973 252 236 info@museuhidroelectricdecapdella.cat https://museuhidroelectricdecapdella.cat/ The Vall Fosca is one of the gateways to the only **NATIONAL PARK IN CATALONIA, AIGÜESTORTES I ESTANY DE SANT MAURICI**, up the **Sallente-Estany Gento cablecar**, which climbs over 400 metres and is open every day from July to September.

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The area of the lakes is very attractive for its special natural value and is on the way for all those who go to walk and climb in the mountains where there are many routes like the **Carros de foc**, a route that takes in all nine mountain refuges in the National Park, the **GR11** trail, that follows the old railway used to build the dams, or others that connect the different lakes (Tort, Colomina, Frescau, Mar, Saburó, Mariolo, etc.).

The Aigüestortes i Estany de Sant Maurici National Park is also home to an exceptional range of plants, including Wolf's Bane or Autumn Gentian, and animals, like chamois, trout or Lammergeiers.

During the summer months, the National Park provides an interpretation centre and guides for visitors at Estany Gento.

AIGÜESTORTES [©] NATIONAL PARK

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Tels. +34 973 252 231 / +34 973 663 001 turisme@vallfosca.net

SALLENTE-ESTANY GENTO

Tels. +34 973 696 189 (Boí) +34 973 624 036 (Espot) pnaiguestortes.daam@gencat.cat

PARK NATIONAL INFORMATION

CENTRE AT ESTANY GENTC

The Manyanet Valley, in the municipality of Sarroca de Bellera, is one of the antechambers to the immense labyrinth of Pyrenean mountains. This landscape lies between the peaks of Filià, Cerví, Raspes Roies and La Mina. This valley was the birthplace of Violant i Simorra, one of the leading figures of European anthropology. The Manyanet Valley is full of legends, magic influences, fantastic creatures and fantasies of all kinds. The hairy snake of Benés is still said to appear in the Casal marsh.

The Manyanet pond at a height of 2,450 m is surrounded by pastures, granite screes and streams that transform the valley into a landscape where nature is overwhelming and abrupt. The richness of its pastures makes it the natural habitat of horses, cattle and sheep. Chamois, martens, weasels and badgers also graze here frequently. In spring, the valley bursts into colour when thousands of flowers like orchids, Autumn Gentian, Wolf's Bane or the Field Eryngo blossom. Being only open to the south has condemned the valley to oblivion, but have also made it into an ideal landscape for walkers seeking peace and silence.

FOR MORE INFORMATION

Sarroca de Bellera town hall Tel. +34 973 661 701 ajuntament@sarrocabellera.ddl.net https://sarrocabellera.ddl.net/

TOURIST INFORMATION OFFICES

Tourist information office at Epicentre, Geopark visitors centre oficinaturisme@pallarsiussa.cat

oficinaturisme@pallarsjussa.cat Tel. +34 973 653 470 / +34 693 10 03 36 Isona i Conca Dellà tourist information office

ofturisme@parc-cretaci.com Tel. +34 973 665 062 Pobla de Segur tourist information office

turisme@lapobladesegur.cat Tel. +34 973 680 257

Vall Fosca local tourist board turisme@vallfosca.net Tel. +34 973 663 001